

To attach and beyond - the way of Teshuva/Metanoia

Cari Brethern,

The desire to attach already arises when eating the apple of the tree of good and evil. Therefore it is already of existential importance in the potency of life to come.

This tree, of good and evil is no more than the symbol of life existence in time/duality. When the apple, as its fruit, is taken and eaten, the pure unity of consciousness is broken and incarnation is evident.

Finally on earth, in the body the need will be felt to survive, whereby eating, drinking, receiving love and having fun are basic necessities. In this earthly state of consciousness, It is completely natural, to become attached to these and other-worldly matters.

That was the fact for thousands of years ago and still is today. However, the complexity of material existence is increasing in large parts of the world, due to the increase in population- and sophistication of things. This stimulates the race to hold on for more possessions and things. Which leads to increasingly more exoteric oriented existence.

Matthew 19:24

Again I say to you: It is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God.

Attachment is inherent to existence in the body and is therefore something that does not need to get rid of. It is important, however, to see through this phenomena, through countless life lessons that brings awareness. This 'insight' can be used as an instrument to transform the inner self. Leading finally to free choice that arises from this liberated state of awareness. When the dependence on matter has been overcome and deeper insight into the spiritual world has an 'awe' effect, the passing of the veil is evident.

The adventure on the road starts with the 1st step. Personally, years ago, I started this training - constantly finding nothing about -it or -anything. While becoming more inner silent, room to listen appears. An allegory, recognizable to motorcyclists is applicable here; look ahead in the direction you aim - stay balanced in whatever corner you find yourself - don't hesitate - and accelerate a bit when the going gets tough. It is important to pass thresholds to gain trust.

Teshuva or Metanoia; it is the way of repentance by sacrifice the earthly attachment and gaining insight, makes tangible the need to become more and more disinterested with regard to all those forms that the "I" was accustomed to want and to possess.

At that state -in my experience - synchronicity gets the space to reveal itself. The phenomenon of serendipity can take place easily, whereby things come at one's pathway. Issues that were no longer searched for and yet it pops up and turns out to be useful. Under these circumstances, creativity is given further space to develop. And one doesn't have to do anything for it, then let the doer be inactive .

Further settlement in this state of mind of the "self" creates a calm mood - where one can look into two worlds. Those of the Exoteric material- and the Esoteric divine- existence. In this state an awakened overview is obtained and in the stratification of a brighter consciousness one surveys more the hierarchy of things.

In my experience, it seems like a lotus flower, namely that the flower only blooms in the final stage. Before - I had to deal with the faint phenomena of twilight and the inner desire to get closer to it. Which is only possible when the ego's discriminating power has been purified to such an extent that it recognizes in which direction it must grow against all resistance. That distinction cannot be made while being deep in the mud, between the roots.

Slowly but surely moments of wonder follow each other more often. And by permanently doing nothing, finding nothing of it - but being one conscious self - the condition automatically arises in which the orientation, fixed on earthly existence, diminishes. Simultaneously the desire for the divine yields arouse more and more joy. It can lead to the condition of D'evecut - clinging to G'd. It is the pursuit of identification with the everlasting consciousness. Known as 'eternal life' / Emed.

Deep insight lessons and flawlessly thoughts can follow in meditations and dreams. To a great extent - nothing is necessary - because everything reveals itself that must be known at that moment. Settling into this state of consciousness seems to become exponentially easier.

As a metaphysical illustration, a few examples are given below:

- He find myself with a shopping bag full of snakes that he want to clear out. The area turns out to be full of snakes. Then he realize that he is going to stand in a pit between the snakes, - without stepping on them or hurting them. In the deepest sense - he is aware that there is no judgment at all inside him. In that moment, of deep realization, all snakes depart from him. One big snake remains and comes up straight in front of him. He remains in a non-judgmental state and the serpent merges with him.

- Standing in a landscape on the edge of an abyss, he looks at dimensionless black. With a faint residue of thinking consciousness he steps into the black nothingness and feels myself sinking a bit. The next moment - in a state of total surrender - he feels how to find himself being lifted into the black. Then, except for 'being total consciousness it selves', every perception disappears. It can't be described other than 'it is that it IS'. It is neither blissful, nor fine, nor quiet, nor It is well. It is **no-thing**.

- Standing on white worn round stones of various sizes, he sees a snake moving between the stones and crawling up at the front where he is standing. The snake has a very large mouth and is about to bite him when - he notice that the snake just wants to be with him. At that moment of realization, the stones pop open like water balloons and the landscape is irrigated with water in which water no material resistance can be detected. (It accommodates with the high waters in Genesis.)

Ending this paper with the conclusion - that it is about 'serving' and 'not being served'. Support can be found below, from two opposing biblical references:

- The destruction of Sodom and Gomorrah¹ with brimstone and fire, coming from heaven; Gen. 19:26 "But his wife looked back from behind him, and she became a pillar of salt."

¹ In Genesis 18, Avraham sits in the entrance of his tent. There the Lord appeared before him. When he looks up he sees three men. At verse 17 the text goes back to the singular - The Lord. The Lord who looks upon Sodom and intends to destroy it because of the multitude of sins. But even if there are 10 righteous among them, he will not destroy the city. 10 could refer to the wholeness of 10 Sephiroth of the Kabbalistic Tree of Life.

The book Temple Mysticism by Margaret Baker page 66; speaks of the appearance of the lord in the form of 3 angels. Abraham addressed Michael (the righteous, who is like unto G'd). It was Gabriel (the power of god) who caused the destruction that take place and Raphael (healing hand of God) who saved the righteous. Lot can be seen as the pure person who is in wholeness, and therefore the symbol of any righteous person who will be saved before the destruction.

This exposes the allegory of the above dissertation: '*Liberation from earthly attachment*'. While looking back, which in this case - symbolizes earthly attachment, it makes one to fail to enter the way back towards eternal life. This results in (the earthly) fixation on the solid potency of salt . Mercure and sulfur are the fleeting elements of which we earthly beings consist of.

- And the other reference: Matthew 5:3 "Blessed are the poor in spirit; for theirs is the kingdom of heaven." This refers to the consciousness that entails the sacrifice of the earthly attachment.

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